YOUR DIGITAL PRIVACY ROADMAP

NEEDS AUDIT & PROGRESS TRACKER

STAGE 1: DOCUMENT YOUR DIGITAL FOOTPRINT

- [ ] **Mobile Phone** Current device: _____ OS: _____ | Carrier: _____ Plan: _____ Critical apps: _____ | Browser-accessible apps: _____ | Paid apps: _____
- [ ] **Computer** Current device: _____ OS: _____ | Critical software: _____ Browser-accessible software: _____ | Paid software: _____
- [ ] **Home Systems** Smart devices: _____ | Security: _____ | Connected appliances: _____
- [ ] **Online Services** Email: _____ | Cloud storage: _____ | Social media: _____ | Other services: _____

STAGE 2: IMPLEMENT BASIC PROTECTION (Quick wins)

- [ ] Install privacy-focused browser (Brave recommended)
- [ ] Change default search engine (Brave Search)
- [ ] Review and adjust app permissions on all devices
- [ ] Uninstall unused apps and accounts
- [ ] Set up a VPN (Brave VPN or Mullvad VPN)
- [ ] Set up a password manager (KeePassDX)
- [ ] Enable two-factor authentication (2FA) on critical accounts
- [ ] Purchase Faraday bag for device protection
- [ ] Replace office suite with LibreOffice
- [ ] Move to browser-based alternatives vs apps where possible

STAGE 3: TRANSITION CORE SERVICES

- [ ] Move to privacy-focused email (options: Paxmail [recommended], ProtonMail, Tuta Mail)
- [ ] Transition to secure cloud storage (options: Paxmail, Hub for Teams, Ente Photos)
- [ ] Switch to encrypted messaging (options: Signal [recommended], Session, etc.)
- [ ] Research phone carrier options (Major carrier, MVNO like PureTalk, or VoIP alternatives)
- [ ] Set up offline backup system for critical data

STAGE 4: HARDWARE TRANSITION

- [ ] **Privacy-focused phone (GrapheneOS)**

    - [ ] Set up and test basic functionality
    - [ ] Configure essential privacy settings
    - [ ] Install any missing critical apps
    - [ ] Set up secure communications
    - [ ] Plan carrier transition & migrate number
    - [ ] Deactivate iCloud if coming from iPhone
    - [ ] Create regular backup routine

- [ ] **Linux computer**

    - [ ] Choose distribution (Zorin recommended)
    - [ ] Set up and test basic functionality
    - [ ] Install needed software if missing
    - [ ] Set up secure login
    - [ ] Create backup routine

STAGE 5: ADVANCED PROTECTION

- [ ] Implement network-level protection for home
- [ ] Review and secure home automation/IoT devices
- [ ] Set up compartmentalization for different activities
- [ ] Consider private spaces or separate user profiles for sensitive tasks
- [ ] Develop ongoing security audit practice
- [ ] Educate family members on privacy practices

MY TOP PRIORITIES

1. _____

2. _____

3. _____

ACCOUNTABILITY PARTNER

Name: _____ Check-in schedule: _____

Remember: Digital privacy is a journey, not a destination. Start with small steps, focus on what matters most to you, and build sustainable habits over time.

Resources: For detailed guides, visit MARK37.com or email support@mark37.com