

Your Digital Privacy Roadmap

NEEDS AUDIT & PROGRESS TRACKER

STAGE 1: DOCUMENT YOUR DIGITAL FOOTPRINT

☐ **Mobile Phone**

Current device(s): _____ Operating system(s): _____

Phone carrier: _____ Service plan (min/msg/data): _____

Critical apps needed: _____

Paid apps needed: _____

☐ **Computer**

Current device(s): _____ Operating system(s): _____

Critical software needed: _____

Paid software needed: _____

☐ **Home Systems**

Smart devices: _____ Security: _____

Connected appliances: _____

☐ **Online Services**

Email: _____ Cloud storage: _____

Social media: _____ Other services: _____

STAGE 2: IMPLEMENT BASIC PROTECTION *(Quick wins)*

- | | |
|--|--|
| ☐ Install privacy-focused browser (Brave recommended) | ☐ Set up a password manager (KeePassDX) |
| ☐ Change default search engine (Brave Search) | ☐ Enable two-factor authentication (2FA) on critical accounts |
| ☐ Review and adjust app permissions on all devices | ☐ Purchase Faraday bag for device protection |
| ☐ Uninstall unused apps and accounts | ☐ Replace MSOffice with LibreOffice or OpenOffice |
| ☐ Set up a VPN (Mullvad VPN or Brave VPN) | ☐ Move to browser-based alternatives vs apps where possible |

STAGE 3: TRANSITION CORE SERVICES

- ☐ Move to privacy-focused email - Options: StartMail, LastHourHosting
- ☐ Transition to secure cloud storage - Options: LastHourHosting, Ente Photos
- ☐ Switch to private and/or encrypted messaging - Options: Signal, Session, Self Hosted
- ☐ Research phone carrier options - Options: Private MVNO like Patriot Mobile, PureTalk, EFANI, Cape.co, Phreeli or VoIP alternatives
- ☐ Set up offline backup device and process for critical data

STAGE 4: HARDWARE TRANSITION

- | | |
|---|--|
| ☐ Privacy-focused phone (GrapheneOS) | ☐ Linux computer |
| ☐ Set up and test basic functionality | ☐ Choose distribution (Zorin recommended) |
| ☐ Configure essential privacy settings | ☐ Set up and test basic functionality |
| ☐ Install any missing critical apps | ☐ Install needed software if missing |
| ☐ Set up secure communications | ☐ Set up secure login |
| ☐ Plan carrier transition & migrate number | ☐ Create backup routine |
| ☐ Terminate link between phone number and iCloud and/or Google | |
| ☐ Create regular backup routine | |

STAGE 5: ADVANCED PROTECTION

- ☐ Implement network-level protection for home (Ghost Router)
- ☐ Review and secure home automation/IoT devices
- ☐ Set up compartmentalization for different activities
- ☐ Consider private spaces or separate user profiles for sensitive tasks
- ☐ Develop ongoing security audit practice
- ☐ Educate family members on privacy practices

MY TOP PRIORITIES

1. _____
2. _____
3. _____

ACCOUNTABILITY PARTNER

Name: _____ Check-in schedule: _____

Remember: Digital privacy is a journey, not a destination. Start with small steps, focus on what matters most to you, and build sustainable habits over time.

Resources: For detailed guides, visit MARK37.com or email support@mark37.com